

Cape & Islands Emergency Mental Health Services Hotline: 800-981-HELP (4357)

Michael Abruzzese, Ph.D.

153 Lovells Lane, Marstons Mills, MA 02648

508-455-5134

Accepts BCBS, Tufts, Value Options: Sliding Scale Holistic; Works with, School issues, Divorce and Custody, Play Therapy, CBT, EMDR, Hypnosis, Anger, Autism Spectrum, Depression, Families, Grief, ODD, Self-Esteem, Trauma, PTSD, Video game addiction, Neuropsychological Assessments

Mary Acunzo, Ph.D.

68 Tupper Road, Suite 8, Sandwich, MA 02563

508-888-6869

www.capecodneuropsychology.com

Accepts Private Insurance; Serves children ages one and up for Neuropsychological and Psychoeducational Testing and Counseling: CBT, ADHD, Autism Spectrum Disorders, developmental learning disabilities, anxiety, mood disorders, and more.

Pamela Alexander, M.Ed., M.S.W., L.I.C.S.W.

133 Falmouth Road, Bldg1, Suite F, Mashpee, MA 02649

508-477-7499

Accepts Mass Health and Private Insurance; Serves children ages three and up for Counseling: Play/Art/Sand Therapy, CBT, Psycho-therapy. Specializes in the treatment of anxiety, depression, ADHD, adjustment problems (including divorce), and family issues.

Allied Health Providers:

David Callahan, Ph.D.

Geoffrey Cohen, Ph.D.

Paul Goldring, Ph.D.

Carl Freeman Gustafson, Psy.D.

Paul Lupac, Ph.D.

John MchHale

Gary Pace, Ph.D.

1074 Main Street, West Barnstable, MA 02668

508-362-1180

North Falmouth Highway, North Falmouth, MA 02556

508-563-1850

Accepts Mass Health and Private Insurance; Serves children aged two months and up for Neuropsychological, Psychiatric, and Psychoeducational Testing. Provides CBT. Dr. Goldring also specializes in neurofeedback treatment for ADHD, sleep disorders, anxiety, and Tourette's.

Robert Anzola, L.I.C.S.W.

404 Main Street, Centerville, MA 02632

774-274-6386

Accepts BMC, NHP, and Private Insurance; Abuse; Works with, Dual Diagnosis, Depression, Families, Personality Disorders, PTSD

Arbour Counseling Services

134 Ansel Hallet Rd, West Yarmouth, MA 02673

774-470-2294

Home based assessments/therapy available throughout Cape, all Masshealth products accepted. Office based therapy and medication management also available, Maternal Depression Support.

Joanne Audyatis, L.M.H.C.

221 Mill Road, E Sandwich, MA 02537

774-234-7975

Accepts BCBS, Private Insurance, Tricare, United, Value Options, Atena, Cigna, Harvard Pilgrim, Horizon, Magellan, PacifiCare, Tufts, and UniCare; Works with, CBT, Families, Adoption, Grief, Anxiety, Phobias, Trauma, PTSD

John Christian Austin, L.A.D.C.

76 W Main Street, Hyannis, MA 02601

774-450-7133

Private pay; Works with, Anxiety, Phobias, Sexual Abuse, Trauma, PTSD, Anger, Borderline Personality, Depression, Eating Disorders, Internet Addiction, Self-Esteem, Substance Abuse, Video game addiction, CBT, Hypnotherapy, and MBCT.

Gordon Barney, L.M.H.C.

180 Bracket Road, Eastham, MA 02642

508-455-5029

Accepts Aetna, Magellan, BCBS, Tufts, and Value Options; Works with, Relationships, Trauma, ADHD, Substance Abuse, Anxiety, Grief, CBT, EMDR.

Barnstable Center for Mental Health

Tim Clark

Sandra Orenstein

1025 W Main Street, West Barnstable, MA 02668

508-362-4141

1170 Main Street, West Barnstable, MA 02668

508-737-2701

Accepts Private Insurance; Works with, ADD/ADHD, Addiction, Adoption, Anxiety, Phobias, Asperger's & Autism, Behavior Difficulties, Communication Disorders, Depression & Bipolar, Divorce & Blended Families, Cognitive, Cutting, Psychological, Neurological Testing, Eating Disorders, General Counseling, Grief & Loss, Learning Disabilities, Medication Mgmt, Parent Support, Referral Services, and Victims of Abuse or Violence.

Ruthanne Barr, L.I.C.S.W.

275 Millway, Barnstable, MA 02630

508-232-4582

Deals with school issues, Medical issues, Depression, Substance Abuse, OCD, ADHD, Self-Esteem, Self-Harm, Coping Skills, CBT, EMDR, Dream Work, MBCT, SFBT

Bass River Behavior Therapy

232 South Shore Drive, South Yarmouth, MA 02664

508-398-0336

Accepts Private Insurance and Sliding Scale; Serves children ages four and up for Counseling. They provide mediation, individual and family counseling, and hypnosis; specializing in the treating trauma, enuresis, general anxiety and school-related anxiety in children.

Bayview Associates Counseling

215 Sandwich Road, Wareham, MA 02571

508-296-3600

www.ssmh.org

Accepts Mass Health, Sliding Scale, and Private Insurance; Serves children ages three and up for Counseling, Neuropsychological Assessment, Medication Prescription and Management. They have child and family therapists that understand the unique problems that confront children ages three to nineteen. Including: behavioral problems, family conflict, school adjustment difficulties, attention deficit disorder, divorce and separation, depression, pervasive developmental disorders, and grieving/loss. They work closely with teachers, guidance counselors, physicians, and special needs directors.

Behavioral Psychiatric and Psychological Services

275 Millway, Barnstable, MA 02630

508-760-6868

Accepts Sliding Scale and Private Insurance; Serves children ages ten and up for Counseling and Medication Prescription and Management. They work with older children who struggle with school issues, substance abuse and family problems.

Natalie Belkin, M.D.

68 Tupper Road, Suite 8, Sandwich, MA 02563

781-258-9785

Private Pay; Provides, Psychiatric Evaluations and Medication Prescription and Management and Psychotherapy.

Barbara Blair, L.I.C.S.W

230 Main Street, Falmouth, MA 02540

508-457-7509

Accepts Private Insurance, Sliding Scale, and Mass Health; Serves children ages three and up for Counseling: Play/Art/Sand Therapy, CBT, Psychotherapy. Specializes in adolescent and family based issues with significant experience in addressing school-related concerns and issues.

Susan Botello, M.S.W., L.I.C.S.W.

749 Main Street, Osterville, MA 02655

508-420-0900

Accepts Private Insurance; Works with, Addiction, Adoption, Anxiety, Behavior Difficulties, Depression, Divorce & Blended Families, Eating Disorders, General Counseling, Grief, Parent Support, and

Victims of Abuse or Violence.

Maj Brown, L.I.C.S.W.

3179 Main Street, Barnstable, MA 02630

508-237-7564

Accepts Private Insurance and Sliding Scale; Serves children ages eight and up for Counseling: CBT and Psychotherapy. Specializes in adolescent and family based issues with significant experience in addressing school-related concerns and issues. Also perinatal loss and maternal depression.

Jean Calvert, L.I.C.S.W.

83 Handy Road, Pocasset, MA 02559

508-524-1252

Accepts BMC, NHP, and Private Insurance; Works with, Abuse, Addictions, ADHD, Anger, Anxiety, Grief, Borderline Personality, Opposition, Chronic Pain, CBT, Depression, Domestic Violence, Families, Depression, Mood Disorders, Personality Disorders, Psychosis, PTSD, School issues, and LGBT.

Joan Cancilla, M.Ed.

35A Brittany's Way, Suite 3, Eastham, MA 02642

617-791-3139

Accepts Network, BCBS, Harvard Pilgrim, and Private Insurance; Works with, CBT, Phobias, DCF custody, PTSD, Sexual Abuse, and Trauma.

Cape Behavioral Health

210 Barnstable Road, Hyannis, MA 02601

508-862-0514

Accepts Mass Health, Private Insurance, Works with Behaviors, Family conflict, School adjustment, ADHD, Divorce and Separation, Depression, Autism Spectrum, and Grief.

Centers for Behavioral Health (a division of Cape Cod Health Care)

460 West Main Street, Hyannis, MA 02601

508-790-3360

www.capecodhealth.org

Accepts Private Insurance, Magellan, Medicaid, PHCS, and Tufts; Works with, Anxiety, Depression, Behaviors, Adolescents, Families, Anger, Chronic Pain, Obesity, Sleep Difficulties, Grief, Narcissistic, Personality, OCD, Self-Esteem, Trauma, CBT. Provides counseling and psychiatry.

Byron Cargil, Ph.D.

218 West Main Street, Hyannis, MA 02601

508-778-9190

Accepts Private Insurance and Mass Health; Serves children ages six and up for Counseling: CBT. Specializes in the treatment of anxiety disorders and depression. Also treats behavioral problems, as well as adolescents, couples, and include family members in treatment.

Maya Carpenter, L.M.H.C.

744 West Main Street, Hyannis, MA 02601

508-790-2200
Accepts BCBS; Works with, Adjustment, Anxiety, Opposition, Depression, Addictions, CBT, Trauma, and Families.

Center for Family Therapy:

Kathy Smith-Brown, L.M.H.C., L.M.F.T.

Carol Sattler, L.M.H.C.

Eva Macaluso, L.M.H.C.

Sheila Scott-Gordon, L.I.C.S.W.

Donna-Lee McMullen, L.I.C.S.W.

2 Oak Street, Mashpee, MA 02649

508-539-0221

www.centerforfamilytherapy.net

Accepts Private Insurance and Sliding Scale; Serves children ages five and up for Counseling: Play/Art/Sand Therapy, CBT, Dialectical Behavioral Therapy, Psychotherapy, and EMDR. Offer a range of therapy including individual, couples, family, and groups, where problems and symptoms are identified, addressed, and improved. There are seven partners with experience treating depression, anxiety, panic disorder, social phobia, OCD, PTSD, grief, bi-polar disorder, eating disorders, sexual abuse, relationship issues, divorce, body dysmorphic disorder, self-injurious behaviors, and sleep difficulties.

Cape and Islands Children Advocacy Center

5 Flint Rock Road, Barnstable, MA 02630

508-375-0410

www.childrencove.org

Referrals are made if a child discloses sexual abuse primarily by Law Enforcement always, and DCF if needed for the purpose of assisting with the criminal investigation. Does not provide direct services. A freestanding, child-friendly facility designed to ensure that victims of child sexual abuse and their non-offending family members have access to support and services in a safe, respectful, and compassionate environment. They are committed to reducing the trauma endured by child victims, promoting accountability, fostering healing, and advocating on behalf of child victims of sexual abuse and physical abuse. Also provide phone consultation with parents who have concerns about sexualized behaviors and prevention.

Child and Family Services of Cape Cod

Laura Matthews

Kathie Peterson and 20 other providers

1019 Route 132, Hyannis, MA 02601

508-778-1839

www.child-familyservices.org

Accepts Private Insurance, Mass Health, and Sliding Scale; Serves children ages three and up for Counseling: Play/Art/Sand Therapy, CBT, Dialectical Behavioral Therapy, Psychotherapy, and Medication Prescription and Management. Provide agency-based psychiatric services, therapeutic services in the home, school or agency specializing in the treatment of children who are victims of sexual or physical abuse, ADHD, Bi-Polar Disorder, and substance abuse issues. Also provide services around Bullying, Grandparents as Parents, Gender issues, Eating Disorders, and Life Skills.

Kathryn Clapp, L.M.H.C.

11 Cape Drive, Suite 9, Mashpee, MA 02649

508-455-5103

Accepts BMC, NHP, Beacon, BCBS, Cigna, Harvard Pilgrim, Health Net. Key Benefits, Magellan, Tricare, TriWest, Tufts, United, and UniCare; Works with, Depression, Anxiety, Anger, Bullying, Coping Skills, Domestic Violence, Grief, Opposition, Relationships, Self-Esteem, Sexual Abuse, Teen Violence, Mood Disorders, Impulse Control Disorders, CBT, and MBCT.

Karen Clow, L.M.H.C.

22 Bates Road, Suite 276, Mashpee, MA 02649

508-247-0129

Accepts BMC, NHP, BCBS, & Private Insurance; Works with, Anxiety, Depression, Opposition, CBT.

Common Ground Counseling and Personal Growth Center

22 Steeple Street, Box 56, Mashpee, MA 02649

57 Cranberry Highway, Orleans, MA 02632

30 Conwell Street, Provincetown, MA 02657

800-577-4615

www.commongroundcounseling.com

Accepts Mass Health, Network, Private Insurance, and Sliding Scale; Works with, Play/Art/Sand Therapy, CBT, Psychotherapy, ADHD, Anxiety, Substance Abuse, Transitions, Social Skills, Grief, and parenting.

Ann Condon, L.M.H.C.

434 Route 134, Suite D-1, Dennis, MA 02660

508-394-0539

Accepts BMC, NHP, BCBS, Harvard Pilgrim, and Private Insurance; Works with, Anger, Anxiety, Opposition, Relationships, Depression, Families, and Mood Disorders.

Jacqueline Corso, M.S.

South Yarmouth, MA 02675

508-362-4435

www.corsoyogatherapy.com

Accepts Private Insurance and Sliding Scale; Serves children ages four and up for Counseling: Psychotherapy and Yoga Therapy. Utilizes mind-body techniques. Specializes in Anxiety, Sleep, Grief, Transitions, and Living with addiction/compulsive behaviors.

Wendy Crocker, L.I.C.S.W.

86 Route 149, Suite 92, Marstons Mills, MA 02648

508-428-1811

Accepts Private Insurance and Mass Health; Serves children ages four and up for Counseling: Play/Art/Sand Therapy, CBT, and Psychotherapy.

Julie Cusack, L.M.H.C.

411 Route 6A, Suite 3, Yarmouthport, MA 02675

774-722-0361

Accepts BCBS and Network; Works with, Dual-Diagnosis, Eating Disorders, Fire-setting, Disabilities, PTSD, Sexual Abuse, Trauma, Sexual Offenders, and Autism Spectrum.

Norman Danielson, L.I.C.S.W.

15 Popple Grove Road, Harwich, MA 02645

508-432-5152

Accepts BMC, NHP, and Private Insurance; Works with, ADHD, Anxiety, Grief, Borderline Personality, Opposition, Relationships, and Depression.

Jack Darbyshire, Ph.D.

30 Higgins Crowell Road, West Yarmouth, MA 02673

11 Blueberry Lane, Orleans, MA 02653

508-237-9960

23-25 Baystate Court, Brewster, MA 02631

508-778-8580 x213

Accepts Network, BMC, NHP, and Private Insurance; Works with, Anger, Anxiety, ADHD, Autism Spectrum, Behaviors, CBT, Depression, Dual-Diagnosis, Eating Disorders, GLBT, Gender Identity, Geriatric, HIV/AIDS, Families, Medical Illness, OCD, Disabilities, Phobia, Play Therapy, PTSD, Postpartum Depression, Psychosis, Pregnancy, Sexual Abuse, Sleep Disorders, Sexual Offenders, Substance Abuse, and Trauma.

Department of Mental Health

181 North Street, Hyannis, MA 02601

508-957-0900

Accepts Mass Health

Barry DeStCroix, L.M.H.C.

350 Gifford Street, Suite 20B, Falmouth, MA 02540

508-343-8626

Accepts BMC, NHP, Harvard Pilgrim, Tricare, BCBS, PacifiCare, and United; Works with, Addiction, Asperger's, Behaviors, Depression, Families, Learning, Disabilities, OCD, Anxiety, ADHD, Impulsivity, Coping Skills, Developmental Disorders, Dual-Diagnosis, Internet Addiction, Grief, and Self-Esteem.

Freda Diamond, L.M.F.T.

133 Falmouth Road, Mashpee, MA 02649

774-901-5440

Accepts Aetna, Celticare, Tufts, BCBS, Managed Care Network, and Tricare; Works with, Trauma, PTSD, Relationships, Anxiety, Addiction, Anger, Behaviors, Depression, Domestic Abuse, Eating Disorders, Families, OCD, Self-Esteem, ADHD, Borderline Personality, Coping Skills, Dual-Diagnosis, Grief, and Sexual Abuse.

Carole DiFalco, L.M.H.C.

70 East Falmouth Highway, East Falmouth, MA 02536

508-289-1326

Accepts Private Insurance and Sliding Scale; Serves children ages three and up for Counseling: CBT and Psychotherapy, as well as Parent Education and Mediation. Specializes in work with children with a focus on parenting skills and behavior modification, particularly around anxiety, depression, behavior, and postpartum depression.

Marie Doubleday, L.M.H.C.

354 Gifford Street, Suite 4, Falmouth, MA 02540
508-208-6070

Accepts Network, BMC, NHP, Harvard Pilgrim, and Private Insurance; Works with, Abuse, Anger, Anxiety, CBT, Relationships, Depression, Dual-Diagnosis, Mood Disorders, and PTSD.

Joe Dowick, L.I.C.S.W.

22 Steeple Street, Box 56, Mashpee, MA 02649
508-477-3600

43 Race Point Road, Provincetown, MA 02657

508-487-3800

www.joedowick.com

Accepts Private Pay, Private Insurance, and Mass Health; Serves children ages ten and up for Counseling and Psychotherapy. Specializes in treatment of children with ADHD, Anxiety, Depression, Family Transitions, and Substance Abuse Issues.

Alexandra Dunn, L.I.C.S.W.

65B Town Hall Square, Falmouth, MA 02540
508-548-6468

Accepts BMC, NHP, BCBS, Harvard Pilgrim, and Private Insurance; Works with ADHD, Adoption, Grief, Borderline Personality, Opposition, CBT, Depression, Dual-Diagnosis, Families, LGBT, Mood Disorders, OCD, Personality Disorders, PTSD, and Addictions.

March DuPont, L.I.C.S.W.

14 Ship's Lantern Drive, Mashpee, MA 02649
508-477-3411

Accepts BMC, NHP, and Private Insurance; Works with, Abuse, Anxiety, Relationships, DBT, Depression, Domestic Violence, OCD, and Personality Disorders.

Early Childhood Consultation for Parents**Kelly Rodriguez, M.S.W., L.C.S.W., C.C.L.S.**

18 Main St. Extension, Suite 201B, Plymouth, MA 02360
774-578-2856 or www.earlychildhoodconsult.com

Private pay only.

Molly Eldridge, L.I.C.S.W.

8 Granite State Court, Brewster, MA 02631
508-240-5530

Accepts BMC, NHP, and Private Insurance; Works with, ADHD, Adoption, Anger, Anxiety, Grief, Borderline Personality, CBT, Relationships, Depression, EMDR, LGBT, Mood Disorders, Personality Disorders, and PTSD.

Deb Ennis, L.M.H.C.

165 Route 6A, Orleans, MA 02653

508-928-9074

Accepts Beacon, BCBS, BMC, NHP, Celticare, Cigna, Coventry, Harvard Pilgrim, Network, Pacificare, Tricare, and Tufts; Works with, Anger, Anxiety, Social Skills, Mindfulness, Substance Abuse, Families, and LGBT.

Robert Ericson Jr., M.S.W., L.C.S.W.

900 Route 134, South Dennis, MA 02660

508-385-3340

Aimee T. Facchini, L.I.C.S.W.

3179 Main Street, Barnstable MA 02630

508-360-8578

Accepts Private Insurance and Sliding Scale; Serves children ages five and up Counseling: Play/Art/Sand Therapy, CBT, Dialectical Behavioral Therapy (Children Specific) and Psychotherapy. Specializes in supporting children through crisis intervention, family therapy, depression, anxiety, eating disorders, life transitions, loss, divorce and mediation.

Family Continuity Program

60 Perseverance Way, Hyannis, MA 02601

508-862-0600

www.familycontinuity.org

Accepts Mass Health; Serves children of all ages for Counseling and Parent Support. Provide in-home and outpatient therapy and psychiatry, therapeutic mentoring as well as family support training and behavioral management therapy, and monitoring for children.

Family Resource Center Community Health Center of Cape Cod

123 Waterhouse Road, Bourne, MA 02532

210 Jones Road, Suite 22, Falmouth, MA 02540

107 Commercial Street, Mashpee, MA 02649

508-759-7971

www.chcofcapecod.org

Accepts Private Insurance, Mass Health, and Sliding Scale; Serves children from school-age and up for Counseling, Psychiatric Assessment, and Medication Prescription and Management.

Marie Ferrie, L.M.H.C.

400 Nathan Ellis Highway, Suite 1, Mashpee, MA 02649

508-477-5488

Accepts BCBS; Works with, Adoption, Addictions, Anxiety, Adjustment, Trauma, PTSD, Hearing-Impaired, Families, Relationships, ADHD, Opposition, Developmental Disorders, and Eating Disorders

Robert Fournier, Ph.D.

901 Main Street, Osterville, MA 02655
508-477-1676

Private Pay; Serves children of all ages for Counseling: CBT and Psychotherapy. Specializes in areas of Anxiety, Depression, Trauma, Risk for Suicide, Bereavement, and Relationship Problems.

Kenneth Freedman, L.I.C.S.W.

41 Popple Bottom Road, Sandwich, MA 02563
508-213-8042

Accepts BCBS; Works with, Eating Disorders, Relationships, Anxiety, Divorce, Trauma, PTSD, ADHD, Depression, and Grief.

Adam D. Friedman, L.M.H.C.

258 Main Street, Suite D-3, Buzzards Bay, MA 02532
70 East Falmouth Highway, Unit 2, East Falmouth, MA 02536
774-836-3738

Accepts, Private Insurance, Mass Health, and Sliding Scale; Serves children ages four and up for Counseling: CBT and Behavioral Modification. Specializes in providing individual and family counseling to children and adolescents, especially boys aged 8-18 who are ambivalent about being in counseling. Issues may include Poor Academic and Social Functioning, Oppositional Behaviors, Anger, Depression, Mood Lability, Irritability, Anxiety, Loss, Trauma, and ADHD.

Milena Galbraith, L.M.H.C.

21 Stone Bridge Lane, Marstons Mills, MA 02648
603-685-3061

Accepts Behavioral Health Systems, Harvard Pilgrim, Tricare, Value Options, BCBS, and United; Works with, Anxiety, Behaviors, Chronic Pain, Depression, Eating Disorders, Grief, Self-Esteem, Asperger's, Coping Skills, Obesity, Sleep, Trauma, PTSD, LGBT, CBT, and Hypnotherapy.

Joanne Gaffney, RN, L.I.C.S.W.

522 Commercial Street, Provincetown, MA 02657
508-487-0455

Accepts Private Insurance; Works with Individuals and Parenting.

Diane Gavoni, M.S.W.

46 Chipman Road, Sandwich, MA 02563
508-648-0366

Accepts Sliding Scale; Serves children ages three and up for Counseling: Play/Art/Sand Therapy, CBT, and Psychotherapy.

Gifford Street Counseling:**Jerry Breshin, L.I.C.S.W.****Jennifer Hayes, L.I.C.S.W.****Elizabeth Rogers-Hebner, L.I.C.S.W.***340 Gifford Street, Falmouth, MA 02540**508-495-0554*

Accepts Private Insurance, Mass Health, and Sliding Scale; Serves children ages four and up for Counseling: Play/Art/Sand Therapy, CBT, and Psychotherapy. Specializes in working with adolescents struggling with Dual-Diagnoses ranging from Mood Disorders, Bi-Polar, Anxiety, Autism Spectrum Disorders, Addiction and it's impact on families, Eating Disorders, and PTSD.

Elaine Giniewicz, Ed.D.*11 Cape Sail Drive, Suite 11, Mashpee, MA 02649**508-477-0339*

Accepts Private Insurance; Serves children ages three and up for Counseling: Play/Art/Sand Therapy, CBT, and Psychotherapy. Provides Individual Therapy, Family Therapy and consultations for a range of mental health issues and behavioral concerns including: Developmental Disorders, ADHD, Anxiety, Depression, Divorce, Grief, and Social Skills.

Carole Goward, L.M.H.C.*616 Main Street, Dennis, MA 02638**508-332-1932*

Accepts BCBS, Cigna, Tricare, Cenpatico, Key Benefits, and Tufts; Works with, Substance Abuse, Anxiety, Trauma, Depression, Life Transitions, Families, and EMDR.

Elizabeth Griffin, L.M.H.C.*320 Gifford Street, Suite 2, Falmouth, MA 02540**508-540-2353*

Accepts BMC, NHP, and Private Insurance; Works with, ADHD, Anxiety, CBT, Depression, Learning Disabilities, Mood Disorders, Families, and OCD.

Jeannette Hanlon, L.I.C.S.W.*32 Poponesset Avenue, Mashpee, MA 02649**508-570-2172*

Accepts all PPOs, BCBS, Coventry, First Health, Health Net, Medicare, and Tricare; Works with, Addiction, Anger, Behaviors, Chronic Pain, Coping Skills, Divorce, Dual-Diagnosis, Families, Internet Addiction, Grief, Obesity, Self-Harm, Sexual Addiction, Anxiety, Depression, Eating Disorders, Opposition, Self-Esteem, Sexual Abuse, Trauma, and PTSD.

Kimberly Hanna, L.I.C.S.W., L.A.D.C.-1*11 Cape Drive, Suit 13, Mashpee, MA 02649**617-934-2284*

Accepts BCBS, Cape Cod Healthcare, Cigna, Harvard Pilgrim, Medicare, Tufts, and United; Works with, Addiction, Chronic Pain, Anxiety, Depression, Internet Addiction, Grief, OCD, Relationships, Anger, Behaviors, Impulsivity, Coping Skills, Divorce, Dual-Diagnosis, Self-Esteem, Trauma, PTSD, Bi-Polar Disorder, Mood Disorders, and LGBT.

Ellen Harmansky, L.I.C.S.W.

832 Main Street, Osterville, MA 02655
508-928-5077

Accepts Aetna, BCBS, Great-West, Harvard Pilgrim, Medicare, Tricare, United, Value Options, Behavioral Health Systems, Cigna, HCVM, Magellan, Multiplan, PHCS, Tufts, Unicare, and BMC; Works with, Relationships, Depression, Adoption, Divorce, Domestic Violence, Anxiety, Trauma, and PTSD.

Mona Hartley, L.M.H.C.

116 State Road, Unit 1, Sagamore Beach, MA 02562
508-591-5277

Accepts BMC, NHP, BCBS, Harvard Pilgrim, and Private Insurance; Works with, Relationships, Developmental Disabilities, ADHD, Trauma, Bi-Polar, Learning Disabilities, Depression, Anxiety, Conflict, Divorce, Eating Disorders, Grief, Autism Spectrum, Domestic Violence, PTSD, and CBT.

Elaine Hayes, L.I.C.S.W.

23-25 Baystate Court, Brewster, MA 02631 or 166 Depot Road, Chatham, MA 02633
Phone: 508-928-5009

Accepts Aetna, BCBS, Harvard Pilgrim, Pacificare, United, Beacon, BMC, NHP, Medicare, and Tufts; Works with, Grief, Depression, Relationships, ADHD, and LGBT.

Angela Nash-Hennemuth, L.I.C.S.W.

76 West Main Street, Suite 206, Barnstable, MA 02630

Accepts Aetna, BCBS, Medicare, Tricare, United, Beacon, BMC, NHP, Medicaid, and Tufts; Works with, Self-Esteem, Learning Disabilities, Relationships, Academic Issues, Anxiety, ADHD, Coping Skills, Divorce, OCD, Anger, Autism Spectrum, Depression, Domestic Violence, Families, Sexual Abuse, Substance Abuse, and CBT.

Mary Ellen Henry, L.I.C.S.W.

50 Commercial Street, Provincetown, MA 02657
508-487-2698

Accepts BMC, NHP, and Private Insurance; Works with, Addictions, Grief, CBT, Relationships, Depression, LGBT, Dual-Diagnosis, EMDR, HIV/AIDS, Mood Disorders, and PTSD.

Walter Hildner, L.I.C.S.W.

8 Granite State Court, Brewster, MA 02631
508-255-3160

Accepts Aetna, Harvard Pilgrim, Value Options, BCBS, and United; Works with, Trauma, PTSD, Depression, Addiction, Anger, Chronic Pain, OCD, Domestic Violence, Relationships, Anxiety, Divorce, Grief, Sex Addiction, Substance Abuse, Dissociative Disorders, Personality Disorders, and LGBT.

James Hyde, L.M.H.C.

537 Main Street, Harwichport, MA 02646
508-432-3011

Accepts BMC, NHP, Harvard Pilgrim, and Private Insurance; Works with, ADHD, Anxiety, Depression, CBT, OCD, and PTSD.

Anne Ierardi, L.M.H.C.

923 Route 6A, Yarmouthport, MA 02675
508-375-0700

Accepts BCBS; Works with, Adjustment, Anxiety, Developmental Disorders, Personality Disorders, and Addictions.

Independence House

160 Bassett Lane

Hyannis, MA 02601 - additional locations in Falmouth, Orleans, and Provincetown, MA

508-771-6507

Hotline 5508-439-6507

Providing free and confidential specialized services and programs for adults, teen, and children (6 years and up) affected by domestic and sexual violence.

Katie Jacobus, L.I.C.S.W.

1070 Route 134, Dennis, MA 02641

508-385-7474

Accepts BMC, NHP, and Private Insurance; Works with, Anxiety, CBT, Relationships, Depression, Families, Mood Disorders, and PTSD.

Mary Janes, L.M.H.C.

20 Governor Bradford Road, Eastham, MA 02642

508-255-7700

Accepts BCBS and Harvard Pilgrim; Works with Adoption, HIV/AIDS, Adjustment, Anxiety, ADHD, Opposition, Eating Disorders, Personality Disorders, Addictions, LGBT, PTSD, and Trauma.

Lauren Jones, L.I.C.S.W.

45 S Orleans Road, Orleans, MA 02653

508-255-4293

Accepts Network, BMC, NHP, BCBS, and Private Insurance; Works with, CBT, Eating Disorders, Families, Anger, Anxiety, Disabilities, and Trauma.

Robert Jones, L.I.C.S.W.

45 S Orleans Road, Orleans, MA 02653

508-255-4293

Accepts Network, Beacon, and Private Insurance; Works with, Anxiety, Anger, Adolescents, and Families.

Kids Grieve Too!**Aimee Rozum, L.I.C.S.W.**

765 Attucks Lane, Hyannis, MA 02601

508-957-0200

www.hospicecapecod.org

Accepts Private Insurance and Sliding Scale; Serves children of all ages for Grief Assessment, Counseling, and Support Groups.

Heidi Kirwan, L.I.C.S.W.

77 Finlay Road, Orleans, MA 02653
508-737-3302

Accepts BCBS, Harvard Pilgrim, United, Tricare, Sliding Scale, Cigna, and Medicaid; Works with, Reactive Attachment, ADHD, Anxiety, Anger, Depression, Social Skills, PTSD, Opposition, Families, Play Therapy, Transitional Aged Youth, Trauma, Adoption, Behaviors, Impulsivity, Divorce, Learning Disabilities, Developmental Disabilities, Relationships, Self-Esteem, Teen Violence, Coping Skills, Domestic Abuse, Sexual Abuse, Suicidal Ideation, Bi-Polar Disorder, Mood Disorders, and Thinking Disorders.

Wayne Klein, Ph.D.

RHCI for Children-
280D Route 130, Forestdale, MA 02644
508-833-4166
www.rhci.org

Accepts Private Insurance and Mass Health; Serves children ages five and up for Neuropsychological Assessment.

Justine Lambroshino, L.I.C.S.W.

51 Gifford Street, Falmouth, MA 02540
508-317-5243

Accepts BMC, NHP, and Private Insurance; Works with, Addictions, Anxiety, Grief, Opposition, Depression, Families, and Mood Disorders.

Tracy Lamperti, L.M.H.C.

57 Route 6A, Orleans, MA 02653
774-722-5919

Accepts Network, BMC, NHP, BCBS, Harvard Pilgrim, and Private Insurance; Works with, CBT, Eating Disorders, Fire-setting, Phobias, PTSD, Sexual Abuse, Substance Abuse, and Trauma.

Tim Lineaweaver, L.M.H.C., L.A.D.C.

410 Woods Hole Road, Woods Hole, MA 02543
508-388-7604

Accepts Private Insurance, Mass Health, and Sliding Scale; Serves children ages thirteen and up for CBT. Specializes in the treatment of children with Addictions, Depression, Trauma(PTSD), Co-occurring Disorders, Anxiety, and Parent Support.

Diane Litton, L.M.H.C.

65B Town Hall Square, Falmouth, MA 02540
508-548-2947

Accepts BMC, NHP, and Private Insurance; Works with, Adoption, Anxiety, CBT, Relationships, Depression, Mood Disorders, and PTSD.

John Livingstone, MD

522 Commercial Street, Provincetown, MA 02657
508-487-0455

Accepts Private Insurance; Serves children ages three months to sixteen years for Psychiatric Evaluation, Medication Prescription and Management, and Counseling: Play/Art/Sand Therapy, CBT, Psychotherapy, and EMDR.

Salvatore Lucca, L.M.H.C.

572 Main Street, West Yarmouth, MA 02673
508-776-9251

Accepts BCBS; Works with, Addiction, Trauma, PTSD, Anger, Dual-Diagnosis, Grief, Anxiety, Depression, Families, and Relationships.

Cheryl Lyford, L.M.H.C.

411 Main Street, Yarmouthport, MA 02675
508-915-9013

Accepts Harvard Pilgrim; Works with, Trauma, PTSD, Coping Skills, Divorce, Families, Self-Esteem, Depression, Domestic Violence, Relationships, Self-Harm, CBT, and EMDR.

Gary Mackoul, L.M.H.C.

947 Route 6A, Suite 7, Yarmouthport, MA 02675
508-375-0155

Accepts BMC, NHP, BCBS, Harvard Pilgrim, and Private Insurance; Works with, ADHD, Anger, Anxiety, Grief, Opposition, CBT, Families, and PTSD.

Kirsten Maclean, L.M.H.C.

275 Millway, Barnstable, MA 02630
857-345-9544

Charles Madansky, L.M.H.C.

196 Na Ke Rafe Path, Brewster, MA 02631

Accepts BCBS; Works with, Adjustment, Anxiety, Opposition, Personality Disorders, Addictions, Relationships, Families, AIDS/HIV, LGBT, Abuse, PTSD, and Trauma.

Beth Manhardt, L.I.C.S.W.

11 Cape Drive, Mashpee, MA 02649
508-477-7726

Accepts BMC, NHP, and Private Insurance; Works with, ADHD, Anger, Anxiety, Autism Spectrum, Grief, Opposition, Abuse, Relationships, Depression, Domestic Violence, Dual-Diagnosis, Eating Disorders, Families, Mood Disorders, OCD, Personality Disorders, Psychosis, PTSD, and School Issues.

**Martha's Vineyard Community Health
Island Counseling Center**

111 Edgartown Road
Vineyard Haven, MA 02568
508-693-7900, ext. 290
Crisis hotline 508-696-SAFE (7233)

Barbara Maurer, L.M.F.T.

901 Main Street, Osterville, MA 02655

508-428-5849

Accepts Private Insurance and Sliding Scale; Serves children ages six and up for Counseling: CBT and Family Therapy. Specializes in Behavioral Parenting Skills, Family Conflicts, Communication Problems, and Post Divorce Blended Families.

Katherine McHugh, L.M.H.C.

106 Althea Road, North Falmouth, MA 02556

508-540-8833

Accepts BMC, NHP, BCBS, and Private Insurance; Works with, Addictions, Anxiety, CBT, Depression, EMDR, Mood Disorders, and PTSD.

Gerald Mckenna, L.M.H.C.

18 Clubhouse Drive, Pocasset, MA 02559

508-785-4642

Accepts Aetna, Behavioral Health Systems, BCBS, Cigna, First Choice, Harvard Pilgrim, Health Net, Magellan, Tufts, Value Options, and WellPoint; Works with, Depression, Behaviors, Addictions, Academic Issues, Anger, Anxiety, ADHD, Divorce, Domestic Violence, Dual-Diagnosis, OCD, Relationships, Self-Harm, Sex Addiction, Trauma, PTSD, Antisocial Personality, Autism Spectrum, Chronic Pain, Coping Skills, Families, Internet Addiction, Opposition, Grief, Self-Esteem, Sexual Abuse, Teen Violence, Mood Disorders, LGBT, CBT, and EMDR.

Kathleen Michaud, L.M.H.C.

915 Route 28, Harwich, MA 02645

508-505-0630

Accepts BMC, NHP, BCBS, Harvard Pilgrim, and Private Insurance; Works with, ADHD, Anxiety, ABA, Grief, CBT, Depression, Developmental Disabilities, Mood Disorders, OCD, and PTSD.

Kathy Mohler-Faria, L.I.C.S.W.

65B Town Hall Square, Falmouth, MA 02540

508-876-4897

Accepts BCBS, Celticare, Cenpatico, GIC, Harvard Pilgrim, Health Net, Medicare, Tricare, Tufts, and United; Works with, Trauma, PTSD, Grief, Depression, Anxiety, Self-Esteem, Relationships, Sexual Abuse, Anger, Families, and OCD.

Sue Montgomery, L.I.C.S.W.

616 Route 6A, Dennis, MA 02638

508-385-2550

Accepts Aetna, BMC, NHP, Coventry, GIC, Unicare, Magellan, Children's Medical Security Plan, United, BCBS, Cigna, First Health, Harvard Pilgrim, Medicare, Network, Pacificare, Tufts, and Unicare; Works with, Play/Art/Sand Therapy, CBT, DBT, Psychotherapy, Mood Disorders, Anxiety, Trauma, Eating Disorders, Dual-Diagnosis, Behaviors, LGBT, OCD, Sexual Trauma, Borderline Personality, Families, Self-Esteem, PTSD, Depression, Relationships, Grief, Self-Harm, Bi-Polar Disorder, Dissociative Disorder, and Impulsivity.

Elaine Moraglia, M.S.W., L.I.C.S.W.

11 Cape Drive, Suite 2, Mashpee, MA 02649
508-269-2036

Specializes in working with the impact of serious illnesses as well as grief/loss.

MSPCC Family Counseling Center:**Daniel Wyatt, MD**

206 Breeds Hill Road, Hyannis, MA 02601
508-775-0275

www.mspcc.org

Accepts Private Insurance, Mass Health, and Sliding Scale; Serves children of all ages for Counseling and Medication Prescription and Management. Provides family-centered, comprehensive treatment services in a family's home or other community based settings including: Mental Health Evaluation, In-Home Therapy, Parent Support and Education, Therapeutic Mentoring. Specializes in child and adolescent trauma treatment services, and S.A.G.E. classes required for divorced parents.

Barbara Murphy, A.P.R.N.

57 Cranberry Highway, Orleans, MA 02653
508-255-1212

Accepts Network and Private Insurance; Works with, Anger, Anxiety, ADHD, Autism Spectrum, Behaviors, Bi-Polar Disorder, Dual-Diagnosis, Eating Disorders, Fire-setting, Substance Abuse, LGBT, Gender Identity, Geriatric, HIV/AIDS, Medical Illness, Phobias, PTSD, Postpartum Depression, Psychosis, Pregnancy, and Trauma.

Sylvia Murphy

1070 Route 134, South Dennis, MA 02660
508-385-7474

Works with, Part-time Adoption, Anxiety, Phobias, Behavior Difficulties, Couples Counseling, Depression, Divorce & Blended Families, Eating Disorders, General Counseling, Grief & Loss, Parent Support, Physical Disabilities, PTSD, and Victims of Abuse or Violence.

Family and Children Services of Nantucket

20 Vesper Lane
Nantucket, MA 02554
508-228-2689 www.nantucketfamilyservices.org

NAMI – National Alliance on Mental Illness – NAMI Massachusetts

The Schrafft's Center, 529 Main Street, Suite 1M17, Boston, MA 02129
"Educating the Educators" www.namimass.org

Navigating ADHD, Inc.:**Tracey Bromley Goodwin, M.Ed.****Holly Oberacker, ATR, L.M.H.C.**

1645 Falmouth Road Bayberry Square, Suite B2, Centerville, MA 02362
508-566-0242 www.navigatingadhd.com

Accepts Sliding Scale; Serves children ages four and up for Family and Child Education and Support.

Carol Nickerson, L.I.C.S.W.

915 Route 28, Harwich, MA 02645
508-432-5640

Accepts BMC, NHP, and Private Insurance; Works with, ADHD, Adoption, Anxiety, CBT, Depression, Families, and PTSD.

Carol O'Connell, L.I.C.S.W.

1025 Main Street, West Barnstable, MA 02668
508-362-4141

Accepts BMC, NHP, and Private Insurance; Works with, Anxiety, Grief, Depression, Mood Disorders, PTSD, and EMDR.

Maureen O'Regan, L.I.C.S.W.

45 S Orleans Road, Orleans, MA 02653
508-255-4293

Accepts Network, BCBS, Beacon, Fallon, Medicaid, NHP, Harvard Pilgrim, Medicare, and United; Works with, CBT, Dual-Diagnosis, Sexual Abuse, Substance Abuse, Depression, Anxiety, Coping Skills, Addictions, Self-Esteem, Suicidal Ideations, Bi-Polar Disorder, and Mood Disorders.

Allan Page, L.M.H.C.

184A Jones Road, Falmouth, MA 02540
508-548-1094

Accepts BMC, NHP, Harvard Pilgrim, and Private Insurance; Works with, Anger, Anxiety, Grief, CBT, Relationships, Depression, Families, LGBT, HIV/AIDS, Mood Disorders, PTSD, and Terminal Illness.

Stephanie Page, L.M.H.C.

11 Cape Drive, Suite 2, Mashpee, MA 02649
508-375-8776

Accepts BCBS; Works with, Adoption, Adjustment, Anxiety, ADHD, Opposition, Personality Disorders, Addictions, Chronic Pain, LGBT, Abuse, Trauma, and PTSD.

Pare and Associates

572 Main Street, West Yarmouth, MA 02673
680 Falmouth Road, Masphee, MA 02649
508-775-0719

Accepts Private Insurance, Mass Health, and Sliding Scale; Serves children ages four and up for Counseling: Play/Art/Sand Therapy and CBT. Have 20 therapists, 10 of whom see children; have counselors that specialize in every area of counseling.

Lynn Pasko, L.M.H.C.

8 Inga Terrace, Yarmouth, MA 02673
508-771-0028

Accepts BCBS; Works with, Adjustment, Anxiety, Relationships, and Families.

Kelly Pike, L.M.H.C.

275 Millway, Barnstable, MA 02630

508-744-6028

Accepts BMC, NHP, Cenpatico, Celticare, Fallon, Harvard Pilgrim, United, BCBS, Commonwealth Care, GIC, Magellan, Tufts, and UniCare; Works with, Relationships, Depression, Domestic Violence, Self-Esteem, Divorce, Grief, Transitions, and CBT.

David Presnall, Ph.D.

23 Baystate Court, Brewster, MA 02631

508-240-7964 x211

30 Higgins Crowell Road, West Yarmouth, MA 02673

508-778-8580

Accepts Mass Health and Private Insurance; Serves children ages six and up for Neuropsychological Testing, Psychoeducational Testing, and CBT. Does assessments of Learning Disabilities, Mood Disorders, Neuropsychological Skill Deficits, Counseling, and Parent Consultations. Specializes in working with children with ADHD, PDD, Depression, and Anxiety.

The Psychiatric Collaborative Association

30 Higgins Crowell Road, West Yarmouth, MA 02673

23-25 Baystate Court, Brewster, MA 02631

508-240-7964

Accepts Mass Health and Private Insurance; Serves children ages three and up for Counseling and Neuropsychological Assessment. Services include Individual and Family Counseling, Parent Support, Anger Management, and Bereavement Counseling.

Psychology Associates of Sandwich

449 Route 130, Suite 11, Sandwich, MA 02563

508-888-5272

Accepts Mass Health, Private Insurance, and Sliding Scale; Serves children ages two and up for Psychoeducational Testing, Medication Prescription and Management, Counseling: Play/Art/Sand Therapy, CBT, Psychotherapy, and Family Therapy. Specializes in ADHD, Anxiety, Depression, Eating Disorders, Family Transitions, Behavior, Grief, Social Skills, Violence, Addiction, Sexual and Anger Issues.

Jenny Putnam, L.I.C.S.W.

200 Main Street, Room 211, Falmouth, MA 02540

508-213-8182

Works with, Grief, Relationships, Depression, and Adoption.

REACH Educational Services

Melissa Sheldon, M.Ed.

Christine Blake, M.Ed.

1 Huckleberry Lane, Forestdale, MA 02644

68 Tupper Road, Suite 8, Sandwich, MA 02563

508-747-1556

www.reachedu.com

Accepts Sliding Scale; Serves children ages two and up for Educational, Social Skills, and Functional Behavioral Assessment, Social Skills Instruction, Positive Behavioral Support Plans, ABA, and Parent Training and Consultation. Provide services to those with Autism Spectrum Disorders, ADD, Non-Verbal Learning Disability, Bi-Polar Disorder, Tourette Syndrome, Communication Disorders, Down Syndrome, other learning disabilities, and related social pragmatic disorders.

Marilyn Reedy, L.M.H.C.

30 Higgins Crowell Road, West Yarmouth, MA 02673

508-778-8580

23 Baystate Court, Brewster, MA 02631

508-240-7964

Accepts Network, MBHP, BMC, NHP, BCBS, Harvard Pilgrim, and Private Insurance; Works with, Anxiety, ADHD, Behaviors, Bi-Polar Disorder, CBT, Depression, Medical Illness, Disabilities, PTSD, and Sexual Abuse.

Meredith Reilly, L.M.H.C.

411 Route 6A, Yarmouthport, MA 02675

774-722-9372

Accepts Network, BMC, NHP, Cigna, Fallon, Senior Whole Health, BCBS, ComPsych, Harvard Pilgrim, Optum Health, Pacificare, and United; Works with, CBT, Phobias, PTSD, Behaviors, Sexual Abuse, Trauma, Sexual Offenders, Families, Autism Spectrum, Anger, ADHD, Impulsivity, Depression, Domestic Violence, Eating Disorders, Narcissistic Personality, Opposition, Relationships, Self-Esteem, Sex Addiction, Anxiety, Coping Skills, Divorce, Learning Disabilities, Grief, OCD, Self-Harm, Teen Violence, Bi-Polar Disorder, Personality Disorders, Thinking Disorders, Dissociate Disorders, Mood Disorders, and Psychosis.

Brian Renard, L.I.C.S.W.

90 Cranberry Highway, Orleans, MA 02653

43 Race Point Road, Unit B, Provincetown, MA 02657

508-591-3068

Accepts BMC, NHP, and Private Insurance; Works with, Trauma, PTSD, Anxiety, Depression, HIV/AIDS, Academic Issues, Addictions, Behaviors, Anger, Coping Skills, Domestic Violence, Impulsivity, Dual-Diagnosis, Internet Addiction, Eating Disorders, Grief, OCD, Relationships, Self-Harm, Video Game Addiction, Self-Esteem, and LGBT.

Jesse Rieber, L.M.H.C.

76 West Main Street, Suite 1101, Hyannis, MA 02601
508-775-0307

Accepts Network, Aetna, BMC, NHP, CHIPA, ESI EAP, Health Net, MHN, Medicaid, Tricare, Value Options, BCBS, ComPsych, Harvard Pilgrim, Humana, Magellan, Oxford, and Tufts; Works with, PTSD, CBT, Phobias, Sexual Abuse, Trauma, Anxiety, ADHD, Opposition, Behaviors, Domestic Violence, Grief, and EMDR.

Elaine Rivers Aleo, L.I.C.S.W.

923 Route 6A, Yarmouthport, MA 02675
508-237-1197

Accepts Network, Harvard Pilgrim, and Private Insurance; Works with, Anxiety, ADHD, Autism Spectrum, Behaviors, Bi-Polar Disorder, Depression, Dual-Diagnosis, Eating Disorders, LGBT, HIV/AIDS, Medical Illness, OCD, Disabilities, PTSD, Postpartum Depression, Psychosis, and Pregnancy.

Elizabeth Rodgers-Hebner, L.I.C.S.W.

340 Gifford Street, Falmouth, MA 02540
508-495-0554

Accepts BMC, NHP, and Private Insurance; Works with, Addictions, ADHD, Adoption, Anxiety, Chronic Pain, EMDR, Mood Disorders, and PTSD.

Aimee Rozum, L.M.H.C.

77 Carl Landi Circle, East Falmouth, MA 02536
774-216-6522

Accepts BMC, NHP, BCBS, Harvard Pilgrim, and Private Insurance; Works with, ADHD, Anxiety, Grief, Relationships, Families, PTSD, and Terminal Illness.

Sandra Sawyer, L.I.C.S.W.

1070 Route 134, Dennis, MA 02641
508-385-7474

Accepts BMC, NHP, and Private Insurance; Works with, Anxiety, Grief, CBT, Relationships, Depression, Eating Disorders, Families, and Mood Disorders.

Charles Schuck, L.M.H.C.

1185 Falmouth Road, Centerville, MA 02632
508-862-9929

Accepts Harvard Pilgrim; Works with, Addictions, Anxiety, Opposition, Anger, Depression, Social Skills, Coping Skills, Self-Esteem, and Mood Disorders.

Deborah Schwartz, L.I.C.S.W.

11 Cape Drive, Mashpee, MA 02649
508-534-8682

Accepts Aetna, BCBS, Celticare, Fallon, Medicare, Tufts, BMC, NHP, Cape Cod Health Care, Cigna, Harvard Pilgrim, Tricare, and United; Works with, Mood Disorders, Trauma, PTSD, Adoption, Behaviors, Depression, Domestic Violence, Grief, Relationships, Self-Esteem, Anxiety, Coping Skills, Divorce, Families, OCD, Sexual Abuse, Bi-Polar Disorder, Personality Disorders, and CBT.

Marie Segersten, L.I.C.S.W.

923 Route 6A, Unit N, Yarmouthport, MA, 02675

Accepts Aetna, BCBS, and Cigna; Works with, Addiction, Adoption, ADHD, Anxiety, Phobias, Behavior Difficulties, Parent Support, and Victims of Abuse or Violence.

Ann Solomon-Schwartz, L.M.F.T.

1025 Main Street, Route 6A, West Barnstable, MA 02668

508-362-4141 x114

Accepts Private Insurance and Sliding Scale; Serves children of all ages for Counseling: Play/Art/Sand Therapy, Psychotherapy, and Family Therapy. Specializes in children, teens, and young adults; particularly those with Asperger's and Autism Spectrum Disorders - incorporating cognitive behavioral techniques, Family Therapy, and Art Therapy in the treatment of children with ADHD, Anxiety, Depression, Family Transitions, Behavior, Grief, and Social Skills Problems.

Judy Sorenti, L.M.H.C., M.F.T.

111 Cranberry Highway, Sagamore, MA 02561

508-888-9222

www.canalcounseling.com

Accepts Private Insurance, Mass Health, and Sliding Scale; Serves children of all ages for Counseling: Play/Art/Sand Therapy, CBT, Dialectical Behavioral Therapy, and Psychotherapy. Specializes in the treatment of children with ADHD, Anxiety, Depression, Eating Disorders, Family Transitions, Behavior, Grief, Social Skills, Violence, Addiction, Sexual Abuse, and Trauma.

South Bay Mental Health

50 Long Pond Drive, South Yarmouth, MA

508-760-1475

www.southbaymentalhealth.com

Accepts Mass Health and Private Insurance; Serves children of all ages for Counseling and Medication Prescription and Management. Provide a continuum of services including Individual and Group Therapy, School-based Services, Crisis Intervention, and Emergency Services.

Gary Tabor, Ph.D.

330 North Main Street, Falmouth, MA 02540

508-563-7493

Accepts Private Insurance and Sliding Scale; Serves children ages five and up for Counseling. Works together with parents and children to address issues of Conflict and Communication Skills. Also specializes in work with children with Depression, Anxiety, ADHD, and School Issues.

Kris Thoresen, L.I.C.S.W.

275 Millway Road, Barnstable, MA 02630

508-362-4416

Accepts all HMOs, BCBS, Harvard Pilgrim, Tufts, United, Aetna, Value Option, Fallon, and some Mass Health; Works with, Addiction, Anxiety, Phobias, Behavior Difficulties, Communication Disorders, Depression, Divorce & Blended Families, Eating Disorders, General Counseling, Grief & Loss, Parent Support, Physical Disabilities, and Victims of Abuse or Violence.

Deborah Vaughan, L.I.C.S.W.

12 Stone Horse Road, Osterville, MA 02655

508-428-2372

30 Higgins Crowell Road, West Yarmouth, MA 02673

508-778-8580 x224

Accepts Private Insurance, Mass Health, and Sliding Scale; Serves children ages three and up for Counseling: Play/Art/Sand Therapy, CBT, Dialectical Behavioral Therapy, and Psychotherapy. Specializes in treatment of Depression, Anxiety, ADHD, Eating Disorders, Family Transitions, Behavior, Grief, and Addiction. Additional services include: Adoption, Divorce/Separation, Blended Families, and Attachment Disorders.

Waquoit Healing Arts Center

Jane Beatty, L.M.H.C., AAT

Sarah Stevenson, L.I.C.S.W.

446 Waquoit Highway, East Falmouth, MA 02536

508-540-2323

Accepts Private Insurance, Mass Health, and Sliding Scale; Serves children ages five and up for Counseling. Specializes in children struggling with School Problems, Relational Issues, Anxiety, and ADHD. Animal Assisted Therapy is available. Have experts in the field of complicated grief in children and adolescents and in counseling children with life threatening illnesses and trauma. Perinatal loss support.

Beth Wechsler, L.I.C.S.W., M.S.W.

133 Falmouth Road, Mashpee, MA 02649

508-566-9304

Accepts Private Insurance; Works with, Addiction, Adoption, Anxiety & Phobias, Depression, Divorce, Eating Disorders, General Counseling, Grief & Loss, Learning Disabilities, and Parent Support.

Ana J. Zick, LMHC

275 Millway, PO Box 860, Barnstable, MA -2630

774-238-2777

accepts most insurances for psychotherapy services. Spanish services as well

Postpartum Depression Resources:

Courtesy of The Cape & Islands Maternal Depression Task Force

Coordinator: Mary Wilson
508-314-4776 marywilsonearlyedconsult@yahoo.com

24/7 Stress Line: Parents Helping Parents

1-800-632-8188

Postpartum Support International Helpline: 1-800-944-4PPD or www.postpartum.net

MCPAP For Moms

855-666-6272 or www.mcpapformoms.org

MSPCC - Massachusetts Society for the Prevention of Cruelty to Children* Connecting families parent support program

(In-home or at MSPCC's Falmouth, Hyannis, Orleans, or Provincetown offices)
508-775-0275

Diane Litton, LMHC

Falmouth Family Counseling, 508-548-2947

Aimee Loth Rozum, LMHC, ATR-BC

East Falmouth, 774-216-6522

Elaine Moraglia, LICSW

Mashpee, 508-269-2036

Kate McHugh, MBA, LMHC, LADCI, CEAP, LSAC

Osterville, 508-540-8833

Daniel Wyatt, MD*

Hyannis, 508-775-0275

Betsey Edwards, LICSW

Marstons Mills, 508-420-1215

Ana J. Zick, LMHC

Barnstable, 774-238-2777 (Spanish services as well)

Ann Marie Muller, LMHC*

Psychiatric Collaborative (medication prescribers) Brewster/W. Yarmouth, 508-240-7964 x219

Carol Nickerson, LICSW

Chatham, 508-432-5640

Mary Wright, RNCS

Eastham, 617-686-2295 (provider and prescriber)

Martha's Vineyard Hospital

508-696-7294 (info. about therapists, prescribers and other services)

Nantucket Cottage Hospital

508-835-8100- Main number 508-825-8228- OB Unit

Info. about therapists, prescribers and other services

Nancy Rappaport, LMHC

Nantucket, 508-783-8841

Hannah-Mariah Severns, Psychiatric N.P.

Nantucket, 508-825-1340

Aimee Facchini, MSW, LICSW

Barnstable, 508-360-8578

Kathleen Shine-O'Brien, MA, LMHC

Sandwich, 508-374-4018

Deborah Issokson, Psy.D.

Pembroke, 617-314-9571 www.reproheart.com

Margaret Howard, PhD. -Women and Infants Day Hospital

Providence R.I., 401-274-1122 (offer a day program for postpartum depression that includes baby)

Dr Dina BenDavid

Primary Care/Women's Health Greater New Bedford Community Health Center 508-922-6553

Arbour Counseling Services*

Home based assessments/therapy available throughout Cape, all Masshealth products accepted.

Office based therapy and medication management also available. 774-470-2294

*accepting Mass Health and Commonwealth Care