

## Fine Motor Development Year 2

### 12 Months- 18 Months

**Rip and Tear:** Give your baby pieces of paper to rip and tear, once they're done use the torn paper as a sensory activity by putting it in a small box or bin with other toys.

**Art Time:** Give your child crayons of different shapes to use to color on paper, grocery bags or cardboard boxes. Use bathtub crayons to add a little fun to bath time too!

**Fill and Dump:** Give different shaped objects to you child to grab and dump into different size containers. Use small boxes, bowls or pots to fill and then dump.

**Build the Tower:** Use blocks of different sizes and encourage your child to build a tower. If you don't have blocks use other household items like milk boxes, empty food boxes or tissue boxes.

### 18 Months- 24 Months

**String it up!:** Use string and beads or string and cheerios or pasta to help your child string the objects up!

**Turn the Pages:** Encourage your child to turn the pages with you as you read books together. Let them play with magazines to help them experience how to turn different types of paper.

**Puzzles:** Now is a great time to introduce puzzles to your child. Large pieces and pieces with knobs help children develop different pinching skills. Don't have any at home, make your own by glueing old pictures to cardboard and cutting them into bigger pieces.

**Snack Time Helper:** Let your child help during snack time by either helping open containers, put down napkins, safely cut up soft fruits (using a plastic knife or popsicle stick), or using a spoon to help stir foods together!