

## Fine Motor Development Years 4-5

### 4 Years

**Tool Time:** Let your child help screw around. Let them use large nuts and bolts to put together or if something needs tightening allow them to help as best they can. Encourage their independence in using different tools. Remember that smaller pieces might be choking hazards so always take that into consideration.

**Pudding Drawing:** Using a clean tray or cookie sheet, so there are no worries about finger licking, make a fresh batch of pudding with your child, then have them draw different pictures, letters, shapes in the pudding (make sure they wear their messy clothes!).

**Storytime:** Have your child create their own books by drawing different pictures and binding them together with either staples or string.

**Decorate!:** Help your child create paper chains. Help them cut the strips by drawing a line on paper and allowing them to cut the strips out. Then show them how to make the circles and glue the paper together to form links. Count down to occasions such as Easter Passover or Earth Day.

### 5 Years

**Wrap the Present:** Give your child some old or underused wrapping paper, or even better, brown grocery bags, and help them wrap up different toys, milk/juice cartons or old boxes. Show them how to cut the paper and use the tape.

**Family Portraits:** Ask your child to draw the members of your family. Ask them to tell you who each is and write their name under the drawing. Ask them to even tell you what everyone is doing and write the words at the bottom or top of the page.

**X Marks the Spot:** Go on a treasure hunt. Have your child hide their favorite toy and then ask them to make a map on how to find it. Help them by labeling different parts of the map so they begin recognizing more letters and words.