

Got Milk?

If staying supplied with milk has become a challenge these days, try some options to keep you stocked up for longer!

Freeze an extra half gallon or two. Yes, you can freeze milk! When you do so, remove about a cup so that when the container expands, it doesn't explode. Thaw overnight when needed, and shake vigorously to reconstitute it before serving.

Use shelf stable milk. Available at the Dollar Store or some supermarkets. It is real milk that many portions of the world where refrigeration is difficult use commonly. For those fussy families who won't drink it even when served cold from the refrigerator, use it in cooking or in coffee!

Try Almond Milk as another shelf-stable alternative. It does not cook as well, but has good health benefits, especially if organic.

Powdered milk is another good alternative. Mix it up with water, then pour it into an empty clean milk gallon. Refrigerate it before serving and your family may never notice!