



SANDWICH PARTNERSHIP FOR FAMILIES

ALWAYS FUN, ALWAYS FREE PUBLIC PROGRAMS OF
THE SANDWICH PUBLIC SCHOOLS OPEN TO ALL FAMILIES WITH YOUNG CHILDREN

SEPTEMBER NEWSLETTER



After a very wet and mild summer it's time to head back to school! Whether that's at one of our public schools for our Big Kids or back to your favorite preschool for our smaller friends...or back to US to join in on all the fun Miss Lea and Miss Becca bring to Sandwich!

We look forward to re-joining your family this fall with some of our favorite playgroups like PALS, Yoga with Miss Britt and Special Olympics at the Recreation Department and more. Check out our calendar to see what programs work best for you family.

To continue to be able to offer programs that meet our family's needs, please take a moment to fill out our **parent questionnaire** to share your thoughts!

Weekly Programs

[CLICK HERE TO REGISTER](#)

All programs are held at Sand Hill School unless noted in the description.
16 Dewey Ave., Sandwich

Programs start the week of September 18th and run until November 3rd
Indoor groups will be capped at 12 children per group

Fall Programming

Yoga with Miss Britt

Mondays at 9:30 for Yoga with Miss Britt. Join Miss Britt and move your body with us! Come learn about your body while waking up and stretching your imagination.



Play and Learn in Sandwich (PALS)

Join Miss Becca and Miss Lea for songs, stories and play every Tuesday at 10am. Be ready to have some fun, this group starts with a story and songs followed by art activities and sensory play.

Breastfeeding Support

Join Motherly Love for another wonderful support group for first time moms and veteran mama's! This group meets every Wednesday at 10:30 at Motherly Love Wellness (71 Merchant Square, Unit 4). [Click here to register!](#)



Young Athletes

Join us and the Sandwich Recreation Department every Wednesday starting September 13th at 10:30 at the Center for Active Living! In conjunction with the Massachusetts Special Olympics this unique program focuses on motor skill development, play and activities important to mental and physical growth. This program is an early introduction to sports in the world of Special Olympics and is open to children with physical and intellectual disabilities as well as developmental delays. [Sign up here!](#)

Preschool Story Time

Wednesdays, 1-2pm Join Miss Lea at the Sandwich Public Library for songs, stories and fun! This program is a drop-in program so no need to register. This group is geared to children 3.5 -5.5 years.



Story Walk and Craft at the Library

Join Miss Lea and Miss Becca at 10am every other Thursday at the Sandwich Library to enjoy our new story walk. Read along with Miss Lea and create a story related craft with Miss Becca. Group will meet September 21st, October 5th, October 19th and November 2nd.

**Little Naturalist
Fridays at 10am!**



Join Miss Lea and Miss Becca as we explore the great outdoors and interact with nature. Groups will meet both at Sand Hill with interactive experiences that are available within a short drive here on the Cape.

Sandwich Preschool Partnership

The **Sandwich Preschool Partnership** is a collaboration between the Sandwich Public School and all private, community-based preschools in Sandwich. When you partner with the Sandwich Preschool Partnership you are able to receive FREE professional development for staff, FREE food support to families, FREE special supports for children and other programmatic supports to ALL child care programs that are interested.



Please ask your child care provider if they are a part of the Sandwich Preschool Partnership and if not, please have them contact Lauren Galvano (lgalvano@sandwich.k12.ma.us) to learn how to join!

Community Partner Programs & Information

Around Our Town

Library Story Walks - Located outside the Sandwich Public Library, enjoy wandering around the grounds while enjoying a great story then pop inside to pick-up your story-related activity in the Children's Room. Say hello to our favorite librarians Mrs. Carmichael, Mrs. Werner and Ms. while checking out a new, exciting book!

While you're there don't forget to sign up for their story times! A great way to start your child's love of reading. Visit the [Sandwich Library's website](#) for more information.



What's New at the Sandwich Rec?

Join the Sandwich Recreation Department for OPEN GYM at the Center for Active Living every other Friday starting September 22nd 10:30-11:15. \$5 drop in fee. [Sign up here!](#)

Let the Rec know what others programs you're interested in. Take this [short survey](#) and share your thoughts!

Home Is Where The Heart Is Adoption Support Group,

is facilitated by the nice folks from Adoption Journeys. This group is open to all foster/guardian/adoption/kinship families who need an understanding & safe space to connect with others on this "journey". Meetings are held at Sand Hill the 2nd Wednesday of each month starting October 11th.



Please email Val Perry at vperry@cfsservices.org to sign up to join this amazing group!

Ages and Stages Questionnaires are available for every child up to age 6! It is an important tool to understand your child's growth as well as to promote their development and learning. Please take the time to click on the [ASQ link](#) if you have not yet done so this year. We will be checking in with you to see if we can offer any assistance.



Family Resources



Struggling with bills, food costs, mortgage or rent?

Dial 211 for assistance with any basic need or social service inquiry, including mental health resources, will get you to a live operator who will work with you to track down help in your community.

Your **CFCE specialists** are also here to help you connect with the nice people from WIC, Housing Assistance, A Baby Center, Mobile Dental- just to name a few. All inquiries are kept confidential!

Prefer a searchable database? Try this great new resource through the **Children's Trust fund** - just type in your zip code and get local results!

New Baby in the house? We are so lucky to live on the Cape, where there are many opportunities for support- both in person and virtually. Do not miss the chance to register for 3 **FREE** doula visits, sponsored by Cape Cod Healthcare. Contact Krista Sullivan of Monumental Beginnings at 508-289-1185 for more information or click here to register



Check our website for more Family Resources (www.sandwichpartnership.com) Our Twitter Handle: @sandpartnership. LIKE our Facebook Page Sandwich Partnership for Families and FOLLOW us on Instagram-Sandwich_Partnership4Families. Visit our webpage for our Google Calendar: www.sandwichpartnership.com. Email us at: lgalvano@sandwich.k12.ma.us

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