



ALWAYS FUN, ALWAYS FREE PUBLIC PROGRAMS OF THE SANDWICH PUBLIC SCHOOLS OPEN TO ALL FAMILIES WITH YOUNG CHILDREN

January Newsletter

Happy New Year! I hope all of you had a wonderful holiday season with loved ones near and far. We look forward to seeing all of you in our next session of playgroups. There are so many wonderful activities to do around our community; we hope you'll be able to join us for more fun as we settle in to the colder weather.



Please keep an eye out for our Preschool Open House Newsletter.

We will share upcoming open houses for several of our community preschools in the upcoming weeks. Additionally, **kindergarten registration information** will be coming out in the upcoming weeks. Keep an eye on the School District's Website for more information!

Winter Programming

Programs will begin January 16th and end March 22nd (no programs the week of February 19th); click below to register; a waitlist will be created once programs meet their capacity. All programs will be held at Sand Hill-16 Dewey Ave., Sandwich.

Yoga with Miss Britt

Mondays at 9:30 for Yoga with Miss Britt. Join Miss Britt and move your body with us! Come learn about your body while waking up and stretching your imagination.

Play and Learn in Sandwich (PALS)

Join Miss Becca and Miss Lea for songs, stories and play Tuesday or Friday at 10am. Be ready to have some fun, this group starts with a story and songs followed by art activities and sensory play.

Story Walk and Craft at the Library

Join Miss Lea and Miss Becca at 10am every other Thursday at the Sandwich Library to enjoy our new story walk. Read along with Miss Lea and create a story related craft with Miss Becca. Group will meet January 18th, February 1st, February 15th, March 7th, and March21st.

Click to Register

Sandwich Preschool Partnership



The Sandwich Preschool Partnership is a collaboration between the Sandwich Public School and all private, community-based preschools in Sandwich. When you partner with the Sandwich Preschool Partnership you are able to receive FREE professional development for staff, FREE food support to families, FREE special supports for children and other programmatic supports to ALL child care programs that are interested.

Please ask your child care provider if they are a part of the Sandwich Preschool Partnership and if not, please have them contact Lauren Galvano (lgalvano@sandwich.k12.ma.us) to learn how to join!

Learn More About Your Child's Development

Have Concerns or Questions About Your Child's Development?

Join us every Wednesday morning starting January 17th to January 31st from 10-11am, in our Sandwich Integrated Preschool at the Forestdale School. Your child will have the opportunity to play with peers while you ask questions of the Integrated Preschool Teachers and the Sandwich Preschool Partnership's Itinerant Team of special educators.

Click to Register

Community Activities

Join us at the Sandwich Public Library, Saturday, February 10th, 10-11:30am for the Little Red Riding Hood Adventure! The Sandwich Children's Room staff will read several different versions of

the Little Red Riding Hood story using picture books, songs, crafts and puppetry! Start with the outdoor story walk then come inside and join us on our storytelling adventure!



Click to register

Once again **First Church's popular Winter Soup Lunches** are back every Wednesday, starting January 10th. It will be both a drive thru, as well as in person! Come by pick from a wonderful selection of homemade soups each week and fill your body and soul. Take a cup home for you and a neighbor. Help share the love and build community. Like always Lunch Is On Us! (FREE!)





Join us January 16th 5:30-7pm via zoom for our Cape & Islands Social-Emotional Learning Parenting Workshop Series: Building Self-Awareness and Identity. One of the major pillars of Social Emotional Learning is self-awareness which starts developing as early as 15 months old. Through play, routines and positive reinforcement we can increase our children's understanding of themselves as well as their ability to follow directions, persevere and complete age-appropriate tasks. In this interactive workshop,

participants will learn examples of clear expectations, reflections, and positive reinforcement that promote progression across these areas in infants to school-aged children.

Click here to register

Family Resources

Struggling with bills, food costs, mortgage or rent? Dial 211 for assistance with any basic need or social service inquiry, including mental health resources, will get you a live operator who will work with you to track down help in your community.

Your CFCE specialists are also here to help you connect with the nice people at WIC, Housing Assistance, A Baby Center, Mobile



Dental-just to name a few. All inquires are kept confidential!

Prefer a searchable database? Try this great resource through the <u>Children's Trust Fund</u>-just type in your zip code and get local results!

New Baby in the House? We are lucky to live on the Cape, where there are many opportunities for support-both in person and virtually. Do not miss the chance to register for 3 FREE doula visits, sponsored by Cape Cod Healthcare. Contact Krista Sullivan of Monumental Beginnings at 508.289.1185 for more information or click here to register.







Lauren Galvano

Sandwich Preschool Partnership and Partnership for Families



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